Bonterra Energy Corp. Confirms Cash Dividend for June 2018 Payable July 31, 2018

CALGARY, Alberta, July 03, 2018 (GLOBE NEWSWIRE) -- Bonterra Energy Corp. (www.bonterraenergy.com) (TSX:BNE) ("Bonterra" or the "Company") announces that the June 2018 monthly cash dividend will be \$0.10 per share and will be paid on July 31, 2018. The record date for the dividend is July 16, 2018 and the exdividend date is July 13, 2018. The dividend is paid monthly and is subject to commodity prices and production levels.

The dividend is considered an "eligible dividend" for tax purposes.

Bonterra Energy Corp. is a conventional oil and gas corporation with operations in Alberta, Saskatchewan and British Columbia. The shares are listed on The Toronto Stock Exchange under the symbol "BNE".

For further information please contact:

George F. Fink, Chairman and CEO or Robb D. Thompson, CFO and Secretary

Telephone: (403) 262-5307

Fax: (403) 265-7488

Email: info@bonterraenergy.com

https://bonterraenergy.mediaroom.com/index.php?s=2429&item=122573